

# David Geffen School of Medicine

# 11th Annual UCLA Musculoskeletal Ultrasound Course and Hands-On Workshop

Featuring
Concurrent Introductory and
Intermediate Level Tracks





- Small group hands-on workshops
- Live, split-screen video demonstrations
- Current and updated lecture topics
- Multidisciplinary faculty

Saturday, February 17 - Sunday, February 18, 2024
COURSE AND HANDS-ON WORKSHOP
UCLA Medical Center, Santa Monica
Santa Monica, California





# **UCLA Musculoskeletal Ultrasound Course 2024**

# **SATURDAY, February 17**

7:00 Regist	ration and	Breakfast
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8:00	Introduction an	d Announcements –	Reniamin	Levine MD
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8:05 Welcome - Jonathan Goldin, MD, PhD

Live Scanning Demonstration: Upper Extremity - Kambiz Motamedi, MD 8:10

9:10 Break

INT	RODUCTORY TRACK	INTER	RMEDIATE TRACK
9:30	Fundamentals of MSK Ultrasound Benjamin Levine, MD	9:30	Hands-On Ultrasound Workshop  Upper Extremity
9:50	Brady Huang, MD	12:00 1:30	Lunch Shoulder Ultrasound: Beyond the Rotator Cuff Benjamin Levine, MD
10:5	Kira Chow, MD  O Break	1:50	Shoulder Ultrasound: Rotator Cuff Patholog and Pitfalls Benjamin Levine, MD
11:1	O Shoulder Ultrasound  Jordan, Gross, MD	2:10	Ultrasound of Peripheral Nerves Brady Huang, MD
11:4	O Current Economics of MSK Ultrasound  Andrew Concoff, MD	2:40 3:00	Break Ultrasound of Muscle
12:0	0 Lunch	3:20	Kambiz Motamedi, MD  Ultrasound of Lumps and Bumps
1:30	Upper Extremity	3:40	Kambiz, Motamedi, MD Current Economics of MSK Ultrasound
4:00	Open Scanning (Non-CME) (Models present)	4:00	Andrew Concoff, MD Open Scanning (Non-CME) (Models present)
5:00	Adjourn	5.00	Adjourn

5:00

Adjourn

Open Scanning (Non-CME)

(Models available)

Adjourn

# **SUNDAY, February 18**

7:30	Dogiotrotion	and Breakfast
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8:10 Live Scanning Demonstration: Lower Extremity – Benjamin Levine, MD

9:10 Break

5:00

Adjourn

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INTRO	ODUCTORY TRACK	INTER	RMEDIATE TRACK
9:30	Hip Ultrasound Tim lafe, MD	9:30	Hands-On Ultrasound Workshop – Lower Extremity
10:00	Ultrasound of the Ankle and Foot Benjamin Levine, MD	12:00	Lunch
10:30	Break	1:30	MSK Ultrasound from the Orthopedic Surgeon's Perspective Frank Petrigliano, MD
10:50	Knee Ultrasound Benjamin Levine, MD	2:00	Snapping Hip Syndrome  Benjamin Levine, MD
11:10	Ultrasound-Guided MSK Interventions Varand Ghazikhanian, MD	2:20	Ultrasound-Guided MSK Interventions Varand Ghazikhanian, MD
11:30 MSK Ultrasound from the Orthopedic	2:40	Break	
	Surgeon's Perspective Frank Petrigliano, MD	3:00	Sports Ultrasound in the Pediatric Patient Joshua Goldman, MD, MBA
12:00	Lunch	3:20	Hip Ultrasound: The Joint and Beyond
1:30	Hands-On Ultrasound Workshop –		Benjamin Levine, MD
4:00	Lower Extremity Open Scanning (Non-CME)	3:40	Foot Ultrasound: Plantar Plate and More Benjamin Levine, MD
(Models available)		4:00	Open Scanning (Non-CME)

5:00

# **UCLA Musculoskeletal Ultrasound Course and Hands-On Workshop**

# **COURSE DESCRIPTION**

The UCLA Department of Radiological Sciences, in collaboration with lead physicians from the departments of Rheumatology, Orthopaedics and Sports Medicine, is proud to offer a comprehensive interdisciplinary musculoskeletal (MSK) ultrasound hands-on learning experience. The MSK Ultrasound Course and Hands-On Workshop will review pertinent aspects of upper and lower extremity ultrasound critical for clinical application. This weekend course will include, in addition to basic MSK ultrasound of joints, current topics such as MSK ultrasound intervention, ultrasound of peripheral nerves, ultrasound of muscle, pediatric sports ultrasound, and MSK ultrasound economics. A multidisciplinary approach will be emphasized through interaction with physicians from various subspecialties.

The course also features live, split-screen video demonstrations of basic MSK ultrasound scan techniques essential for appropriate clinical application. In addition, the interactive hands-on workshop will provide ample opportunity for participants to practice techniques learned in the lectures via focused, small group training with subspecialists.

Two concurrent tracks will be available (introductory and intermediate tracks), each offering a more personalized lecture and hands-on training experience tailored to the participant's particular skill level and experience with MSK ultrasound.

# INTRODUCTORY TRACK

Suggested for those participants interested in learning and developing basic MSK ultrasound scan techniques and protocol. This track is appropriate for those with limited or no prior MSK ultrasound experience. Lectures will focus on fundamentals of MSK ultrasound as it relates to scanning the main joints of the upper and lower extremity.

# INTERMEDIATE TRACK

Suggested for those participants who have a basic understanding of normal MSK ultrasound anatomy and scan techniques, and who are interested in further advancing their MSK ultrasound knowledge and refining their skills. This track is appropriate for those who may have attended a prior MSK ultrasound course, or who have some clinical experience with MSK ultrasound. Lectures will include current, more advanced topics that can enhance basic MSK ultrasound knowledge.

# **TARGET AUDIENCE**

This course would be of interest to health care providers in fields related to the musculoskeletal system, including, but not limited to, radiologists, sports medicine physicians, physiatrists, orthopedic surgeons, rheumatologists, sonographers, physician assistants, and resident and fellow trainees.

# **EDUCATIONAL OBJECTIVES**

At the conclusion of the course, attendees should be able to:

- Identify basic MSK anatomy pertinent to ultrasound
- Perform basic MSK ultrasound exams of the major joints of the upper/lower extremity
- · Identify advantages/disadvantages of MSK ultrasound as an imaging modality
- Describe both the unique and complimentary roles of ultrasound examination
- · Recognize transducer and required equipment selection
- Describe normal findings and common pathology on ultrasound of the major joints
- · Recognize the main MSK ultrasound imaging pitfalls and artifacts
- Perform various dynamic maneuvers during an MSK ultrasound examination
- · Become familiar with the spectrum of MSK ultrasound-guided interventional procedures

# **COURSE DIRECTOR:**

# Benjamin D. Levine, MD

Professor of Radiology\*
Director, Elite Sports Imaging Program
Director, Musculoskeletal Ultrasound
Musculoskeletal Imaging and Intervention
Department of Radiological Sciences
UCLA Health

#### **FACULTY:**

# Johnathan Chen, MD

Associate Clinical Professor of Radiological Sciences\* Medical Director of North Hollywood Imaging Center

#### Kira Chow, MD

Associate Professor of Radiology\* Musculoskeletal Imaging VA Greater LA Healthcare System Department of Radiology

# Andrew Concoff, MD, FACR

Chief Innovation Officer, Exagen Inc. Chief Medical Officer, United Rheumatology

# Calvin Duffaut, MD

Assistant Clinical Professor\*
Family Medicine and Sports Medicine

# Varand Ghazikhanian, MD

Assistant Professor of Radiology and Radiological Sciences\*
Musculoskeletal Section
Program Director, Musculoskeletal Imaging and Intervention Fellowship
Director, Musculoskeletal Interventions
UCLA Health

# **FACULTY** (continued):

# Joshua Goldman, MD

Associate Clinical Professor, UCLA Departments of Family Medicine & Orthopedic Surgery Fellowship Director, UCLA Division of Sports Medicine

Team Physician, UCLA Athletics Associate Director, Center for Sports Medicine, Orthopaedic Institute for Children Associate Director, UCLA Steve Tisch BrainSPORT Program

#### Jordan Gross, MD

Assistant Professor of Radiology and Radiological Sciences\*

Section of Musculoskeletal Imaging and Intervention

# Brady Huang, MD

Clinical Professor

Division Chief, Musculoskeletal Imaging & Intervention

Associate Program Director, Diagnostic Radiology Residency

Imaging Consultant, San Diego Padres

# Timothy lafe, MD

Assistant Clinical Professor of Radiology\*
Section of Musculoskeletal Imaging and Intervention
Department of Radiological Sciences

# Kambiz Motamedi, MD

Professor of Radiology and Orthopaedic Surgery\* Interim Section Chief, Musculoskeletal Imaging and Intervention

Medical Director UCLA Beach Imaging and Interventional Center

Past-President, Society of Academic Bone Radiologists (SABR)

# Frank Petrigliano, MD

Associate Professor of Orthopaedic Surgery Chief, USC Epstein Family Center for Sports Medicine Head Team Physician Los Angeles Kings Hockey Team

USC Keck School of Medicine

# Raffi Salibian, MD

Associate Clinical Professor of Radiology\*

#### Mihaela Taylor, MD

Clinical Professor of Rheumatology\*

\*David Geffen School of Medicine at UCLA

# **WINTER 2024**

# **Course Title and Number**

# UCLA Musculoskeletal Ultrasound Course and Hands-On Workshop February 17-18, 2024

# A11803

# **Registration Fees:**

# By January 3, 2024

- Physician Fee \$1,295
- Sonographers, Trainees & Students \$1,095

# After January 3, 2024

- Physician Fee \$1,395
- Sonographers, Trainees & Students \$1,195

# Lectures Only, No Workshop

- One Day \$350
- Two Days \$650

We accept Visa, MasterCard, American Express, and Discover credit cards.

To register using a credit card or ACH/electronic transfer, please visit https://events.medschool.ucla.edu/continuing\_professional\_development and click on UCLA Musculoskeletal Ultrasound Course.

\*Credit card and check payments via phone, fax, or mail are no longer accepted.

# Refunds

Cancellations must be received via email to ccpd@mednet.ucla.edu by January 10, 2024 and will be subject to a \$100 processing fee. No refunds be given after January 10, 2024. A full refund will be provided if for any reason the course must be cancelled or rescheduled.

#### Questions

If you have questions about enrollment, please call (310) 794-2620 or email: ccpd@mednet.ucla.edu.



# **GENERAL INFORMATION**

# **Enrollment**

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# After January 3, 2024

- Physician Fee \$1,395
- Sonographers, Trainees & Students \$1,195

# Lectures Only, No Workshop

- One Day \$350
- Two Days \$650

Enrollment fees include continental breakfast, snacks and program materials.

We accept Visa, MasterCard, American Express, and Discover credit cards.

To register using a credit card or ACH/ electronic transfer, please visit https:// events.medschool.ucla.edu/continuing\_ professional\_development and click on UCLA MSK Ultrasound Program.

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# Questions

If you have questions about enrollment, please call (310) 794-2620 or email: ccpd@mednet.ucla.edu.

# **Program Location**

UCLA Medical Center, Santa Monica Room: G-340 1250 16th Street Santa Monica, CA 90404 (310) 319-4000

# **Local Hotel Accommodations:**

# **Loews Santa Monica Beach Hotel**

1700 Ocean Ave Santa Monica, CA 90401 (866) 563-9792

# The Ambrose

1255 20th Street Santa Monica, CA 90404 (310) 315-1555

# **Best Western Plus Gateway Hotel**

1920 Santa Monica Boulevard Santa Monica, CA 90404 (310) 829-9100

# **Parking**

Saturday and Sunday, parking will be provided free of charge for all participants at the UCLA Santa Monica Hospital. Attendees will be able to park in the UCLA parking structure located on the corner of Arizona and 16th Street. Please park on levels 3 and 4 only.

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# Early registration is recommended, as space is limited.

# Accreditation

The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA, designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the *AMA PRA Category 1 Credits*<sup>TM</sup> as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local state board for specific continuing education policies.

# **Disclosure Statement**

The FDA has issued a concept paper that classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.

NON-PROFIT ORG.

Center for Continuing Professional Development

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Los Angeles, CA 90095-6938

U.S. POSTAGE

UNIVERSITY OF CALIFORNIA, LOS ANGELES

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